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### **Notice of Continuation Rights When Employment Ends**

You and other members of your family may be eligible under Maryland law to continue to be covered by your former employer's health insurance policy if:

- You quit your job or you were terminated from your employment for a reason other than for cause; and
- You were covered by your employer under a group hospital-medical policy or a health maintenance organization (HMO) for at least three months prior to being separated from your employment, and
- You do not now have other similar insurance.

If you wish to continue your health coverage, you **MUST** give your employer written notice no later than 45 days after your last day of work.

**IMPORTANT:** You will be responsible for paying the entire cost of the health insurance policy.

For further information about the program, you should contact your former employer, or if necessary telephone the Maryland Insurance Administration at 1-800-492-6116. There is also more detailed information about Continuation Rights on the Maryland Insurance Administration website at [www.insurance.maryland.gov](http://www.insurance.maryland.gov).

**THIS NOTICE APPLIES TO STATE LAW. YOU MAY HAVE BROADER BENEFITS UNDER FEDERAL LAW.**